



Purple Leaf is a trading name of West Mercia Rape and Sexual Abuse Support Centre (WMRSASC). WMRSASC has been supporting survivors of sexual violence and abuse for 35 years. We provide a range of services including

- Advocacy
- Adult therapy
- Children's counselling service
- Helpline service
- Psycho-social education interventions
- Advice, assessments and intervention for children and young people who present problematic and harmful sexualised behaviour
- Training for professionals.



## Education Programmes

The Purple Leaf Education Programme (funded by West Mercia Police and Crime Commissioner) increases young people's awareness of sexual abuse and exploitation, both on and offline. It equips them with the skills, knowledge, and tools to be able to identify healthy and unhealthy relationships and behaviours and to know where to go for help and support.

The resource is designed for children and young people aged from 8 to 18 years. In this bespoke service, each individual session is tailored for the relevant group, using age-appropriate materials. The programme can include the following modules:

- Consent
- Relationships
- Uncomfortable feelings
- Gender
- Sexual exploitation and grooming
- Sexualisation
- Social media
- Criminal exploitation and links to sexual exploitation

Purple Leaf also offer 1:1 support for younger children where a specific need has been identified.

The Purple Leaf Education Programme begins with a one-hour awareness-raising session for professionals which is required to increase their awareness of sexual abuse and exploitation and support the delivery of the programme and to promote a whole school/setting approach.

The Purple Leaf Education Programme is delivered by experienced specialists, who understand the complexities surrounding sexual violence and child sexual exploitation. The programme can be delivered in group settings such as in schools or on a 1:1 basis, if that is deemed more suitable for the child.

We are keen to develop our partnership working to include specialist education provisions, early years settings and other statutory and volunteer organisations that work with vulnerable children and young people. At the end of March 2021, we will be holding information sessions for organisations across West Mercia (Worcestershire, Herefordshire, and Shropshire) to provide more details and information about the services we can provide and hope you will be able to join us online.

## Training for Professionals

Purple Leaf provides accredited and non-accredited training and awareness raising sessions to professionals working in the sexual violence sector or aligned fields. The range of courses we currently provide includes:

- Peer on peer abuse in school
- Managing the impacts of working with sexual trauma
- Responding to a disclosure of sexual violence
- Emotional and societal response to sexual violence
- Impact of child sexual abuse
- Rape and the legal system
- Sexual violence against young people and adolescents

We can also create bespoke courses to meet specific training needs.

## Problematic (PSB) and Harmful Sexual Behaviour (HSB)

Purple Leaf provides advice, risk assessment and interventions for children and young people (aged five to eighteen) who have exhibited or are at risk of exhibiting harmful or problematic sexual behaviour (HSB and PSB). This support includes:

- A detailed pre-assessment process to inform decision-making in relation to specialist assessments or interventions
- Liaison with professionals and families around the support and supervision needs for those exhibiting/at risk of PSB or HSB
- Completion of an AIM 3 Assessment. This would include an associated report with recommendations for further multiagency interventions and/or possible onward signposting and/or referrals
- Range of psycho-social education interventions for children and young people whose needs can be met within the Purple Leaf setting

## Aim Assessments

Purple Leaf has a team of specialist sexual violence counsellors, advocates, and support workers from a range of backgrounds including social work, counselling, play therapy, youth offending and the police. Following the NICE guidelines for assessment and intervention in this field, we utilise the AIM3 (Assessment, Intervention and Moving on) model of assessment and intervention to assess and support children and young people. The AIM3 assessment is significantly different to AIM2 and, instead of relying primarily upon an assessment grid, focuses on perceived strengths and weaknesses. AIM3 considers five domains for the child or young person:

1. Sexual Behaviour
2. Non-sexual behaviour
3. Development
4. Environmental/family
5. Self-regulation

AIM3 assessment is designed for use with older, more cognitively developed children whilst pattern mapping is utilised for younger children (particularly for those under 7 years).

This assessment is collaborative process where we work closely with the allocated social worker, family, school, and other relevant professionals to ensure a holistic assessment and interventions.

## Consultative Supervision and Therapeutic Support

Being a witness to trauma, suffering and the vulnerability of others is not a unique to those in the caring professions. Human resource teams, equality and diversity champions, managers, colleagues - we are all equally likely to be in a position of hearing or reading materials which may have an impact. Consultative supervision can help you and your teams mitigate the risks associated with exposure to traumatic testimony.

## About our service and further information.

The Purple Leaf Team are very happy to discuss bespoke session(s) and support to meet an identified need within organisations or settings. All Purple Leaf services (apart from the funded Purple Leaf Education Programme) can be purchased on a spot purchased basis or as a commissioned piece of work.

For further information or to make a referral please email [enquiries@purpleleaf.org.uk](mailto:enquiries@purpleleaf.org.uk) (please be aware that this is not a secure mailbox) or alternative call our office on 01905 611655 or see [www.purpleleaf.org.uk](http://www.purpleleaf.org.uk)