

Week Commencing

GRANGE PRIMARY SCHOOL - Balanced, nutritious and freshly prepared tasty meals

12/10/2020
09/11/2020
30/11/2020
04/01/2021
25/01/2021
22/02/2021
15/03/2021
19/04/2021
10/05/2021
07/06/2021
28/06/2021
19/07/2021

Week 1

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Option	Pasta Neapolitan (v) and Sweetcorn	Fish Fingers served with Mashed Potatoes and Peas	Roast Chicken, Roast and Mashed Potatoes, Carrots and Gravy	Big Breakfast – Sausage, Bacon, Mini Hash Browns, Grilled Tomato and Baked Beans	Cheese and Tomato Pizza served with Chips and Baked Beans
Vegetarian Option		Vegetable Fingers served with Mashed Potatoes and Peas	Quorn Fillet, Roast and Mashed Potatoes, Carrots and Gravy	Veggie Breakfast – Linda McCartney Sausage, Mini Hash Browns, Grilled Tomato and Baked Beans	Country Vegetable Bake served with Chips and Baked Beans
Jacket Potato with Filling	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans
Lunch Bag <i>Choice of fillings</i>	Cheese / Ham / Tuna	Sausage Roll	Cheese / Ham / Tuna	Sausage Roll	Cheese / Ham / Tuna
Puddings	Pudding of the Day	Pudding of the Day	Pudding of the Day	Pudding of the Day	Pudding of the Day

19/10/2020
16/11/2020
07/12/2020
11/01/2021
01/02/2021
01/03/2021
22/03/2021
26/04/2021
17/05/2021
14/06/2021
05/07/2021

Week 2

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Option	Fish Fillet served with Mashed Potatoes and Peas	Hot Chicken Wraps served with Rice and Sweetcorn	Roast Beef, Yorkshire Pudding, Roast and Mashed Potatoes, Carrots and Gravy	Sausages served with Diced Potatoes and Baked Beans	Cheese and Tomato Pizza served with Chips and Baked Beans
Vegetarian Option	Vegetable Fingers served with Mashed Potatoes and Peas	Curried Quorn Wraps served with Rice and Sweetcorn	Quorn Fillet, Yorkshire Pudding, Roast and Mashed Potatoes, Carrots and Gravy	Linda McCartney Sausages served with Diced Potatoes and Baked Beans	Country Vegetable Bake served with Chips and Baked Beans
Jacket Potato with Filling	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans
Lunch Bag <i>Choice of fillings</i>	Cheese / Ham / Tuna	Sausage Roll	Cheese / Ham / Tuna	Sausage Roll	Cheese / Ham / Tuna
Puddings	Pudding of the Day	Pudding of the Day	Pudding of the Day	Pudding of the Day	Pudding of the Day

05/10/2020
02/11/2020
23/11/2020
14/12/2020
18/01/2021
08/02/2021
08/03/2021
29/03/2021
03/05/2021
24/05/2021
21/06/2021
12/07/2021

Week 3

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Option	Chicken Curry served with Rice, Naan Bread and Peas	Breaded Chicken Fillet served with Diced Potatoes and Baked Beans	Roast Pork, Roast and Mashed Potatoes, Carrots and Gravy	Hot Dogs served with Potato Wedges and Baked Beans	Cheese and Tomato Pizza served with Chips and Baked Beans
Vegetarian Option	Vegetable Curry served with Rice, Naan Bread and Peas	Vegetable Fingers served with Diced Potatoes and Baked Beans	Quorn Fillet, Roast and Mashed Potatoes, Carrots and Gravy	Linda McCartney Hot Dog served with Potato Wedges and Baked Beans	Country Vegetable Bake served with Chips and Baked Beans
Jacket Potato with Filling	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans	Cheese and Baked Beans
Lunch Bag <i>Choice of fillings</i>	Cheese / Ham / Tuna	Sausage Roll	Cheese / Ham / Tuna	Sausage Roll	Cheese / Ham / Tuna
Puddings	Pudding of the Day	Pudding of the Day	Pudding of the Day	Pudding of the Day	Pudding of the Day

Free School Meals

School Meals are **FREE** to all children in **Reception, Year 1 and Year 2**. Your child may also be entitled after Year 2. This also provides extra funding to your school. You can register your child for Free School Meals if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018, your household income must be less than £7,400 a year (after tax and not including any benefits you get)

To apply for free school meals please visit:

www.gov.uk/apply-free-school-meals.

We serve balanced and nutritious food.

- ▶ 75% of meals are freshly prepared
- ▶ 50% of produce is locally sourced
- ▶ All eggs are free range
- ▶ All fish used on our menus are Marine Stewardship certified (MSC).
- ▶ We do not add salt to any of our meals.
- ▶ We use Belton organic cheese.
- ▶ Every Friday an assortment of fresh fruit and yoghurt is the only pudding option.
- ▶ All puddings are made using reduced sugar recipes and fresh fruit is available daily.
- ▶ Our menus meet the Food for Life Silver standard.
- ▶ The menu may change to reflect seasonal fruit and vegetables.

Allergens and Special Diets

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the catering manager to discuss any dietary requirements you have.

Grange Primary School Menu

October 2021 - July 2021



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You can follow us on Facebook as "Shire Services" and Twitter as 'Shropschoolmeal'

Education catering is our passion